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NFL COMMUNITY TUESDAYS CONTINUE WITH THANKSGIVING MEAL DELIVERY, HOLIDAY FOOD DRIVES AND VISITS TO HOMELESS SHELTERS

Teams Give Back to Community On Their 'Day Off'

Players across the league will spend their only day off participating in community service activities as part of 'NFL Community Tuesdays.' Teams will spend time serving Thanksgiving meals at local homeless shelters and delivering turkeys to those in need during the holiday season. Players will also continue to visit local schools and encourage students to stay active as part of NFL PLAY 60, the league's youth health and fitness campaign. All games during the Thanksgiving weekend will feature 'NFL PLAY 60 youth ambassadors,' who will run on-field and stand alongside players for the National Anthem. These youngsters were selected by each team for their commitment to being healthy.

Teams will participate during the following events during the week of November 23-29. Unless indicated otherwise, all events will take place on Tuesday, November 24.

TEAM	BRIEF DESCRIPTION
Arizona Cardinals	Cardinals President Michael Bidwill , Cardinals players including Kurt Warner , wives, cheerleaders and mascot Big Red will serve Thanksgiving dinner to those in need at the Phoenix Rescue Mission. The Cardinals will host a <i>Gatorade Jr. Training Camp</i> , run in conjunction with the NFL PLAY 60 campaign, at a local school. Students will learn non-contact skills such as passing and catching at a five-station interactive play area. The team will also participate in a youth football camp where kids learn football fundamentals alongside a Cardinals player and Big Red. Arizona Cardinals players, cheerleaders and Big Red will spend mealtime with patients at a trip to a local facility for the mentally challenged. On Thanksgiving, Gabe Watson will purchase and serve Thanksgiving dinner for 20 families who live in a local homeless shelter.
Atlanta Falcons	The Atlanta Falcons Rookie Club sponsored by United Healthcare of Georgia will be serving Thanksgiving Lunch to the less fortunate of Atlanta at Crossroads Community Ministry. Justin Peelle will spend time at a Five Forks Middle School and will donate 40 game tickets he purchased for children who are succeeding in academic achievements. He will be hosting a pizza party for the 20 selected children and their parents. His presentation of the tickets (2 for each child) will be a surprise. The Mike Peterson Foundation will be donating turkeys and food in celebration of Thanksgiving to underprivileged families in DeKalb county. Peterson will be joined by several teammates.
Baltimore Ravens	Jared Gaither will host a celebrity cookoff featuring Prescott Burgess and Edgar Jones at the ESPN Zone. Proceeds benefit the Maryland Food Bank. The following day, Ravens players will be busy distribution turkeys and food baskets throughout Baltimore. Ben Grubbs will distribute 100 Thanksgiving baskets to single-parent families. In a continuation of his relationship with Booker T. Washington Middle School, Ed Reed will distribute Thanksgiving baskets there. Jared Gaither and members of the Lady Ravens Association will distribute Thanksgiving baskets to families at Paul's Place Outreach Center. Ray Lewis will be joined by Mark Clayton as he hosts his annual distribution of Thanksgiving baskets to families at Robert C. Marshall Rec Center. Members of the Ravens will join Ray Rice as he serves Thanksgiving dinner to the men of the Helping Up Mission in Baltimore.
Buffalo Bills	On November 23, the Bills will visit with members of Stone's Buddies (seriously ill young children and teens who are patients at Women & Children's Hospital of Buffalo, as well as their family members) for a Holiday Tree Lighting ceremony and Gingerbread House party, in partnership with

	the Women & Children's Hospital of Buffalo. Bills Mascot Billy Buffalo and the Buffalo Jills Cheerleaders will also be in attendance at the party. The Bills Rookie Club will visit the Northwest Buffalo Community Center and serve Thanksgiving Dinner to 300 children and adults from the Buffalo Community. After serving dinner the Bills Rookies will speak with the families and join them for dinner.
Carolina Panthers	The Panthers rookie class will participate in the team's annual <i>Giving Thanks</i> event at a men's shelter in Charlotte. US Foods has donated enough food to feed over 200 individuals. Exclusively Eli's, the team's in-house stadium food and beverage company, will prepare the day's meal. Players expect to serve over 200 warm meals. On November 27, Tyler Brayton, Travelle Wharton and Jeff Otah will sign autographs and distribute warm meals at the Harris Teeter Harvest Feast, a free holiday meal for families in the Charlotte area.
Chicago Bears	Al Afalava will visit Southside Occupational Academy, and two other Bears players will visit South Loop and Oglesby Elementary Schools to speak to students about the importance of education and leading a healthy and active lifestyle. Adewale Ogunleye will spend time at a local school helping students write letters to members of the military who have recently returned from serving overseas.
Cleveland Browns	Players and Browns staff volunteers will visit the Cleveland Foodbank to make hot meals for Thanksgiving and prepare items for shipment to local shelters, food pantries and hot meal sites.
Detroit Lions	Cliff Avril will purchase 20 Thanksgiving food baskets for families of Detroit. The baskets include all the fixings for a traditional Thanksgiving Dinner. Baskets will be distributed the following day. Detroit Lions Wives will provide Thanksgiving baskets for local families, as the Lions partner with Coalition on Temporary Shelter (COTS) to provide baskets to those in need. The goal is to provide meals to 50 families. On Thanksgiving, Drew Stanton will join his family in serving a traditional Thanksgiving Dinner at Detroit Rescue Mission, a local homeless shelter. The Lions will also host their annual coat drive at the Ford Field on Thanksgiving Day.
Green Bay Packers	On Thanksgiving, the Packer will host a Thanksgiving Dinner for the less fortunate. Approximately 900 people will be served in the Lambeau Field Atrium, and 600 meals will be hand-delivered to people unable to leave their homes.
Indianapolis Colts	The Colts are teaming up with Martin University, WISH-TV, Meijer and Gleaners Food Bank to provide Thanksgiving baskets to 1,000 underserved families in Indianapolis' Near Eastside. This event is designed to not only feed the families' stomachs, but also their minds by providing information on GED classes, college degrees, job placement and much more. Colts players and Cheerleaders will be on hand to distribute the food to families.
Jacksonville Jaguars	Greg Jones will provide 65 women and their children with a traditional Thanksgiving dinner. Jones will also spend time taking pictures and signing autographs with the families. Terrance Knighton, Julius Williams and Cecil Newton will serve Thanksgiving dinners to families at the local NFL Youth Education Town. They will also sign autographs and take pictures. Maurice Jones-Drew hand out dinners to families at the St. Augustine Homeless Coalition on Tuesday afternoon. Later that evening, Jones-Drew and his family will partner with Winn-Dixie to pass out a traditional Thanksgiving dinner to more than 50 families. David Garrard and his family will deliver groceries and other supplies to ten families for the Thanksgiving holiday. Eugene Monroe and Eben Britton will spend time at a local Daily's store, signing autographs and taking pictures with fans.
Kansas City Chiefs	On November 23, volunteers from the Derrick Thomas/Neil Smith Third and Long Foundation, Chiefs staff, and members of the Chiefs Red Coaters will assemble 1,000 special holiday baskets. Following practice, Chiefs players will distribute the baskets to food distribution agencies outside Arrowhead Stadium. Over \$25,000 was raised for the Chiefs Thanksgiving Food Distribution this year. The Chiefs will once again hold their blood drive during Thanksgiving Week, with a special Chiefs Tailgate for all lunchtime blood donors participating at the Midtown location. Kolby Smith will be on hand to sign autographs and greet donors along with KC Wolf.
Miami Dolphins	Over 20 Dolphins players will be handing out 900 Thanksgiving meals from Publix to underprivileged families selected by Feeding South Florida. The meals will serve over 9,000 people, and donations for the meals will come from Dolphins players and coaches. The event will take place at Land Shark Stadium.
Minnesota Vikings	Steve Hutchinson will host his annual Thanksgiving meal for the young patients and families at University of Minnesota Amplatz Children's Hospital. Ben Leber will lead individual room visits, while Anthony Herrera will be meeting and greeting family members getting flu shots through the Vikings' <i>Tackling Influenza</i> program.
New England Patriots	The Patriots will spread the spirit of Thanksgiving at Goodwill's Boston headquarters when they hand out 200 baskets overflowing with turkeys and Thanksgiving fixings to local families in need. Basket recipients are people who have participated in Goodwill's job training program or have children that are enrolled in Goodwill's youth programs.
New York Jets	Young women taking part in the NFL Girls' FLAG Leadership Program will compete in a flag football tournament, coached by members of the New York Sharks professional women's football team. Jets players will be on-hand to work at skill stations, participate in games and present the C.H.A.M.P.S. Flag Football program with a \$50,000 donation from the Jets for the third consecutive year through the NFL Youth Football Fund. Players will visit Goryeb Children's

	Hospital Visit, sign autographs and take pictures with young patients. In partnership with the Interfaith Food Pantry, Jets players will unload turkeys to people in need for Thanksgiving. D'Brickashaw Ferguson will spend the morning with a Totowa, NJ student as part of the <i>NFL Take a Player to School Program</i> . Bart Scott will unload turkeys to be donated for Thanksgiving and serve lunch at "CHIPS" Park Slope Christian Help with the Food Bank for New York City
Oakland Raiders	The Raiders will host a <i>Gatorade Junior Training Camp</i> at a local school, where students will participate in safe, non-contact football drills.
Philadelphia Eagles	Brent Celek will visit students at Samuel S. Yellin Middle School in Stratford, NJ. Yellin Middle School will be announced as the winner of this year's <i>Play 60 Challenge</i> . Celek will recognize the top 10 students from Yellin Middle School by surprising them with an opportunity to lead the Eagles team on to the field prior to the November 29, game against the Washington Redskins.
Pittsburgh Steelers	Max Starks will host the <i>Max Starks & the Home Team Thanksgiving Food Drive</i> at the Waterfront in Homestead, PA. Max and several teammates will also distribute turkeys and Thanksgiving meal fixings to 200 needy families identified by the Greater Pittsburgh Community Food Bank. On Thanksgiving, Hines Ward will host his second annual Thanksgiving dinner for families served by the Salvation Army's Family Caring Center at his restaurant, South Side 86. Several teammates will join him to help serve the meal for 50 people.
San Diego Chargers	The Chargers and the San Diego Blood Bank will partner again for the 2009 Chargers Blood Drive sponsored by the San Diego County Credit Union at the Town & Country Convention Center in Mission Valley. All blood donors will have the opportunity to collect personal autographs from some of their favorite Chargers players and Charger Girls.
St. Louis Rams	For the 15 th year, the Rams will team up with Schnucks Markets for the Urban League's annual Thanksgiving Turkey Give-Away. Thanksgiving baskets with turkey and trimmings will be given to over 1,000 households in the St. Louis bi-state region. Rams players and staff will be on hand at three Urban League locations to distribute the groceries to families in need.
Tampa Bay Buccaneers	The Buccaneers offensive line will host the third-annual <i>Turkey Time with the O-Line</i> . Jonathan Compas, Demar Dotson, Marc Dile, Jeff Faine, Davin Joseph, James Lee, Shawn Murphy, Donald Penn, Arron Sears, Jeremy Trueblood and Jeremy Zuttah will distribute full Thanksgiving meals to more than 600 underprivileged families from the Tampa Bay area at a drive at One Buccaneer Place. Davin Joseph will also provide 75 turkey dinners to needy families in his hometown of Hallandale, Florida on November 23 for the annual <i>Davin's Turkey Day Giveaway</i> .
Washington Redskins	Redskins Owners Daniel M. Snyder and Dwight Schar and Redskins players including Ladell Betts, London Fletcher and DeAngelo Hall and their families will join the Hogettes and over 300 corporate volunteers from FedEx, Harris Teeter, Ryan Homes, and Wachovia to distribute Thanksgiving food baskets at FedExField to Prince George's County residents in need. This is the seventh year the Redskins have hosted this food distribution event.

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